The Newman Center is located at 894 Valley Road, Montclair, NJ 07043. You can reach the center by walking down the 82 steps right behind Moorehead Hall on the South-East end of Campus.

NEWMAN CASS ONE ORGANIZATION OF THE SGA AT MONTCLAIR STATE UNIVERSITY

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Everywhere, wherever you may find yourself, you can set up an altar to God in your mind by means of prayer.

St. John Chrysostom

99



Identity Retreat for New Students

WHO: First-Year Retreat

- Explore your personal identity as a human and a Christian
 - Fee: \$10
 - Time: 9/21 6PM to 9/22 1PM
 - Location: Newman Catholic Center

Many students in the Montclair State community probably have some idea of what a retreat is, and may have even attended one in the past, religious or otherwise. Simply put, it's a chance to step away from the daily grind of life as we know it and try to develop ourselves mentally and spiritually. After all, life "as we know it" can be incredibly draining and stressful; sometimes, retreats can help us to look at our lives in new ways and see things with new perspectives.

This semester, we're offering a one-night retreat for all first-year students (that is, freshmen and transfer students) to explore their individual identities as children of God.

Unfortunately, most of us have come to identify our own value, worth, belonging, etc.

with one or more of three factors. These are 1) What we have, 2) What we do, and 3) What others say about us.

There is a reason society is so consumeristic: we lay so much of our identity upon what we physically have. No matter what aspect of life it is, we're always vying for something new and exciting versus what is old and outdated. A bigger house, a nicer car, higher-end clothes, and the newest technology all beg us to update ourselves. And this translates even to the people we associate with; we may seek more respected social circles, more exciting friends, or a more attractive significant other.

Additionally, we put a high value on what we do. The career path we choose is the first way most people will identify themselves when someone asks about their life. Or we may identify more deeply with our hobbies. Perhaps you'd first describe yourself as a hiker, or a gamer, an athlete or an avid reader. Yet each

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UPCOMING EVENTS

MEET

Tuesday

Newman Night

7:00 PM – NEWMAN NIGHT -Our weekly meeting of Newman Catholic. All are welcome for a free dinner and to join us for a different weekly topic.

PRAY

Friday

WHO: First Year Retreat

The retreat will go from 6 PM Friday until 1 PM Saturday. Turn in your \$10 to Sean or an E-board member to reserve a spot! Open to all freshmen and transfer stude0nts.

DAILY CALENDAR

Sunday, Sept. 16-24th Sunday in Ordinary Time

7:30 PM - Sacrament of Reconciliation - Do you want to experience Jesus' forgiveness of your sins - Fr. Jim is available to hear confessions till **8:15 PM** - Student Center Café B & C

7:30 PM - SING? PLAY AN INSTRUMENT? Join our musicians with Mr. Bruce Mauro, our Music Director as they rehearse for this evening's Mass. - Student Center Café B& C

8:30 PM - SUNDAY MASS - Student Center Café B & C

Monday, September 17

5:30 PM - DAILY MASS - Newman Center Chapel

8:15 PM - Eboard Meeting - Newman II

Tuesday, September 18

5:30 PM - DAILY MASS - Newman Center Chapel

7:00 PM - NEWMAN NIGHT - Our weekly Meeting of Newman Catholic - All are welcome to join us for free dinner; and a different topic every week at Newman II. This week's topic: Church Scandal info session / Intro to Testimony

Wednesday, September 19

5:30 PM - DAILY MASS - Newman Center Chapel

Thursday, September 20

7:00 PM - Mere Christianity Book Study - Book 1: Chapters 2-5.

Talk to Sean about joining the book study for the Fall Semester. - Newman Center

8:30 PM - LATE NIGHT MASS - Newman Center Chapel

9:00 PM - Eucharistic Holy Hour - Join us for Adoration of the Blessed Sacrament and the opportunity for confessions - Newman Center Chapel

Friday, September 21

12:00 PM - DAILY MASS - Newman Center Chapel **6:00 PM** - WHO: First Year Retreat - The retreat will go from 6 PM Friday until 1 PM Saturday. Turn in your \$10 to Sean or an

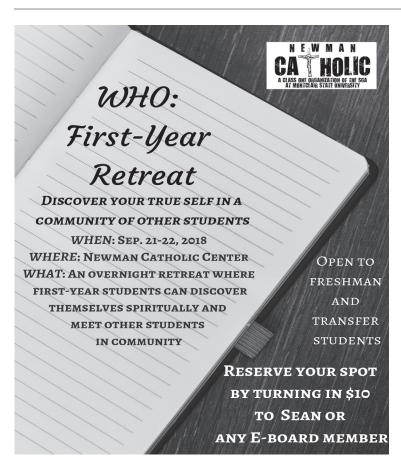
E-board member to reserve a spot! Open to all freshmen and transfer studeOnts.

Sunday, September 23

7:30 PM - Sacrament of Reconciliation - Do you want to experience Jesus' forgiveness of your sins - Fr. Jim is available to hear confessions till **8:15 PM** - Student Center Café B & C

7:30 PM - SING? PLAY AN INSTRUMENT? Join our musicians with Mr. Bruce Mauro, our Music Director as they rehearse for this evening's Mass. - Student Center Café B& C

8:30 PM - CATHOLIC SUNDAY MASS - Student Center Café B & C





Each Thursday from 12PM-8PM at the Newman Center, Sean Faulkner, a certified therapist, will be available for professional counseling services for all MSU students. Sean is employed by the CatholicPsych Institute and offers psychological services from a Catholic perspective. Students are welcomed to meet him at the Newman Center. Walk-in or book a time to meet on our website at www.MSUnewman.com/catholicpsych.

CONTACT US

NEWMAN CATHOLIC CENTER is located in 2 houses adjacent to the campus of Montclair State University. You can access the 99-step staircase from campus going around Moorehead Hall...

You can also reach the Newman Center from the street. Our address is 894 Valley Road. Montclair NJ 07043.

Main Phone: (973) 746-2323. Campus Phone Ext 7240
Website: www.MSUNEWMAN.com
On Facebook: facebook.com/NewmanCatholicMSU
On Twitter: @MSU_Newman
Instagram: Newman_Catholic
HAWK SYNC (MSU Org Sync portal): at Newman Catholic

OUR STAFF

E-BOARD OFFICERS

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TREASURER: Claire Burke - burkec11@montclair.edu
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LITURGY MUSIC: Sherry Mayce - mayces1@montclair.edu
SACRISTAN: Mario Papa - papam1@montclair.edu

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Megan Callaghan - megan.callaghan@focus.org Sophie Ouellette - sophie.ouellette@focus.org Dan Robinson - daniel.robinson@focus.org Darin Howell - darin.howell@focus.org

DAILY MASS READINGS

Today's Mass: 24th Sunday in Ordinary Time - lsa 50:4-9a; Ps 116:1-2, 3-4, 5-6, 8-9; Jas 2:14-18; Gal 6:14; Mark 8:27-35

Monday: 1 Cor 11:17-26, 33; Ps 40:7-8a, 8b-9, 10, 17; John 3:16; Luke 7:1-10

Tuesday: 1 Cor 12:12-14, 27-31a; Ps 100:1b-2, 3, 4, 5; Luke 7:16; Luke 7:11-17 **Wednesday:** 1 Cor 12:31—13:13; Ps 33:2-3,

4-5, 12+22; See John 6:63c, 68c; Luke 7:31-35 Thursday: 1 Cor 15:1-11; Ps 118:1b-2, 16ab+17, 28; Matt 11:28; Luke 7:36-50 Friday: 1 Cor 15:12-20; Ps 17:1bcd, 6-7, 8b+15; See Matt 11:25; Luke 8:1-3 Saturday: 1 Cor 15:35-37, 42-49; Ps 56:10c-12, 13-14; See Luke 8:15; Luke 8:4-15

ABOUT US

WHO IS NEWMAN?



We are named after BLESSED JOHN HENRY CARDINAL NEWMAN. Over the last century on many secular colleges and universities around the world, centers have been founded to meet the spiritual needs of the Catholic people as well as to be a voice in the dialogue between the Church and the secular world on these campuses.

These centers are named after Blessed John Henry

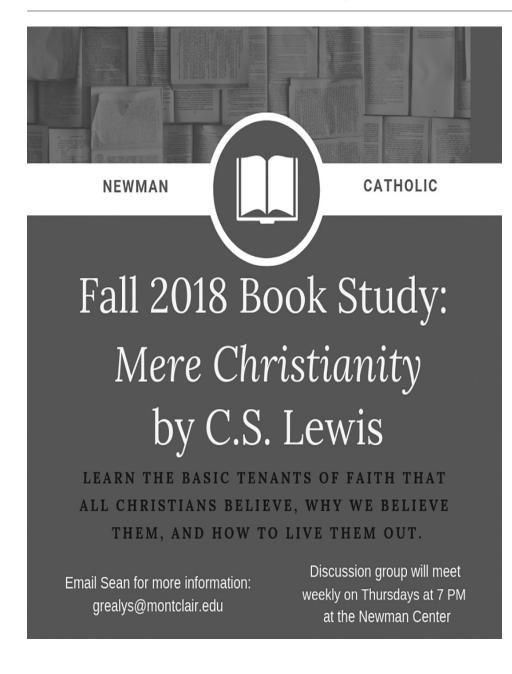
Cardinal Newman. Newman lived in the 19th Century, was a professor, became a convert to the Catholic faith and is still remembered among many things as a holy priest

Among the many theological writings he did was "The Idea of the University" a series of essays where he observed that the University and the Church are driven by the same goal - the search for the universal truth.

WHAT IS NEWMAN CATHOLIC?

The NEWMAN CATHOLIC CAMPUS MINISTRY has been an active organization at Montclair State University

for over 50 years. Our mission is to help students grow in their faith through spiritual, social and community outreach programs. We do this through helping each other deepen their relationship with Jesus Christ and the Catholic Church which he founded. We are sponsored, funded and operated by the ROMAN CATHOLIC ARCHDIOCESE OF NEWARK. We are chartered as a CLASS I ORGANIZATION OF THE STUDENT GOVERNMENT ASSOCIATION and are a recognized active partners with the University on many committees and initiatives.



Help needed

We're
collecting
donations for
our first
Midnight



Run of the year on September 29th! Please bring any donations of large men's clothing to the Newman Catholic Center. Speak to Greg Frantzen, Community Service Chair, for more details.

RCIA: Why be Catholic?

We believe that God made us out of love and for love... And in the RCIA (Rite of Christian Initiation for Adults) we talk about who God is, His presence in the world and in our lives. We share our faith, pray, study scripture and see what God is saying to us today... what it means to be Catholic and to live a Christian life. So if you're interested in joining the Catholic Church or are already Catholic but haven't received your First Communion or Holy Spirit, why not check the RCIA out. Just email or speak to Sean Grealy our Campus Minister or Fr. Jim our Chaplain for more information.

Retreat, from front

of these hinges solely upon some kind of activity that we busy ourselves with, some singular role we play partially in our lives.

Lastly, we may focus the most intensely on what other people say about us. For many of us, there is nothing worse than finding out that colleagues, friends, or even strangers are talking about you behind your back in a negative way. We seek positive reinforcement in everything

– part of it is natural social awareness, but a chunk of it leads out from insecurity, and can damage our ability to be comfortable with our true selves. This can lead to an unhealthy pursuit of fame and celebrity, and if that fails, even to pursuit of pleasures like sex, drugs, food, etc. to mask the pain one feels.

To all those reading, you must know that all of these ways that we often identify ourselves are lies. On this

retreat, we will take time to dismantle the false selves that we are surrounded by. We will examine what the world has placed on us, what we have placed on ourselves, and how God wants us to see ourselves (spoiler alert: that's how we really are).

If you're a freshman or transfer student, you may be asking yourself a lot of questions about life in general right now. What major will you choose? What friends will you make at Montclair State? Who will you ask on a date? What kind of person do you want to be?

Before you answer any of that, it's important to take some time to understand yourself – your true self – so that you can make the best decisions regarding other areas of life. Please, use this retreat as a time to reflect on that. And know of our prayers for all of you.